

Sunday 9th January, 2022

Service for Swansea & Charlestown Presbyterian Church Welcome & Prayer

"As the deer pants for streams of water, so my soul pants for you, my God. ² My soul thirsts for God, for the living God. When can I go and meet with God? ³ My tears have been my food day and night, while people say to me all day long, "Where is your God?" ⁴ These things I remember as I pour out my soul: how I used to go to the house of God under the protection of the Mighty One with shouts of joy and praise among the festive throng. ⁵ Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Saviour and my God." (Psalm 42:1-5, NIV)

Let us pray.... Dear Lord, our soul pants for you this morning. We long to be in your presence. We long to worship you with others in person but today we can't, despite all our good intentions and so we come to you by ourselves this morning or with our family around us. We need you. We need you like we need our food and drink. We need your presence, your forgiveness, your love, your grace, your help and power. So give us more of you today. Let us see more of your glory as we sing our songs. Let us hear more your character as we listen to your word. Let us experience more of your goodness as we pray. And draw us closer to your people as we sing the same song, pray the same prayers, listen to the same sermon, even if we are in different locations today. Help us this day to truly worship you in spirit and in truth. We ask this in Jesus' name. Amen.

Song – Only a Holy God [Only A Holy God- City Alight - YouTube](#)

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| <p>1. Who else commands all the hosts of heaven
Who else could make every king bow down
Who else can whisper and darkness trembles
Only a Holy God
What other beauty demands such praises
What other splendour outshines the sun
What other majesty rules with justice
Only a Holy God</p> | <p>3. Who else could rescue me from my failing
Who else would offer His only Son
Who else invites me to call Him Father
Only a Holy God
Only my Holy God!</p> |
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*Come and behold Him
The One and the Only
Cry out, sing holy
Forever a Holy God
Come and worship the Holy God*

2. What other glory consumes like fire
What other power can raise the dead
What other name remains undefeated
Only a Holy God
Come and behold Him
The One and the Only
Cry out, sing holy
Forever a Holy God
Come and worship the Holy God

Bible Reading – Psalm 119:1-24 (NIV)

¹ Blessed are those whose ways are blameless, who walk according to the law of the LORD. ² Blessed are those who keep his statutes and seek him with all their heart— ³ they do no wrong but follow his ways. ⁴ You have laid down precepts that are to be fully obeyed. ⁵ Oh, that my ways were steadfast in obeying

your decrees! ⁶ Then I would not be put to shame when I consider all your commands. ⁷ I will praise you with an upright heart as I learn your righteous laws. ⁸ I will obey your decrees; do not utterly forsake me.

ב Beth ⁹ How can a young person stay on the path of purity? By living according to your word. ¹⁰ I seek you with all my heart; do not let me stray from your commands. ¹¹ I have hidden your word in my heart that I might not sin against you. ¹² Praise be to you, LORD; teach me your decrees. ¹³ With my lips I recount all the laws that come from your mouth. ¹⁴ I rejoice in following your statutes as one rejoices in great riches. ¹⁵ I meditate on your precepts and consider your ways. ¹⁶ I delight in your decrees; I will not neglect your word.

ג Gimel ¹⁷ Be good to your servant while I live, that I may obey your word. ¹⁸ Open my eyes that I may see wonderful things in your law. ¹⁹ I am a stranger on earth; do not hide your commands from me. ²⁰ My soul is consumed with longing for your laws at all times. ²¹ You rebuke the arrogant, who are accursed, those who stray from your commands. ²² Remove from me their scorn and contempt, for I keep your statutes. ²³ Though rulers sit together and slander me, your servant will meditate on your decrees. ²⁴ Your statutes are my delight; they are my counselors.

Announcements

Focus for Month: Outreach. It's wonderful to have with us this morning 9and for the rest of the week) a team from Christ college, Sydney. They are with us to help us look outwards with the gospel so that people might respond to it with repentance and faith.

Christ College Mission. So, what evangelistic events do we have during the mission?

- This Tuesday from 7:30pm. All our young adult home groups will meet together for an apologetic talk and a small group based on that topic
- This Wednesdays the team will be going to three Home Groups sand helping us to dig deeper into today's Bible talk.
- This Friday we will be doing some walk up evangelism across our region. Would you like to be a part of it? Then Audric has more details.
- This Saturday morning we will be having a Men's Breakfast at Swansea Church from 8am to 9:30pm. Come along and invite a friend to hear a testimony and a short bible talk aimed at non-Christians.
- This Saturday afternoon will be our Women's Paint and Sip event from 2-4pm at the Charlestown Gathering Place. A chance to paint together and hear a short talk from our Catherine Read.
- This Sunday we will be having three Bring a Friend services across all three of our services. So come and be ready to mix with others and invite a friend or family member to come along.
- This Sunday we will be having a Launch for our new building. Food, games, jumping castle, and a whole lot more. Starting around 11:30am.

Redevelopment. Many thanks to all those who have made suggestions about extra work to be done or issues that need to be ironed out. Please, keep them coming. This week we have had two difficult issues to deal with. Firstly, it looks like we need to find a new contractor to change the windows. Secondly the new gathering space was flooded due to the heavy rain on Sunday night. Please keep praying that all our current issues can be resolved in a timely manner.

Financial News for February 2026

Budgets Offering for February	\$40,833
Actual Offerings for February	\$32,112
Deficit for February	\$ 8,721
Deficit for year	\$17,501

Our budget for the year was to increase our giving by 5% to help service our loan for the redevelopment. We are presently down 18% on last year! So there is some work to do!

Easter Services

Easter Thursday	4:30pm (Swansea)	6pm (Charlestown)
Good Friday	8am (Swansea)	9:45am (Charlestown)

Resurrection Sunday

8am (Swansea)

9:45am & 6pm (Charlestown)

Song – Your Word [Your Word \(Song Leading Video\)](#) [Emu Music.mp4 - Google Drive](#)

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| <p>1. Your word is good, it's ever faithful
Worth more than gold, the heart's delight
Your word gives life to all who hear and obey
Your word endures forever</p> <p>2. Your word is true, it never changes
It formed the earth; sustains it still
Your word defends;
providing refuge and strength
Your word endures forever</p> | <p>3. Your word transforms, it lifts the humble
Rebukes the proud, protects the poor
Your word discerns the mind and spirit of all
Your word endures forever</p> |
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Chorus Your word is a lamp unto my feet
Your word is a light unto my path
For your word is my hope,
it's my joy and my song
Your word endures forever

Bridge Your word is more than just letters on pages
It's life and it's love and it's freedom for us
Your word is more than just wisdom of ages;
Its treasures are endless, it's always enough
Your word is more than just stories of old;
It's the truth and the way and the story of love
Your word is more than just breath into dust;
It's your Son, as a man, come to dwell here with us

Chorus

Pastoral Prayer Points

Pray for Repentance and Spiritual Renewal Australia is materially wealthy but spiritually indifferent. Pray that God would soften hearts toward the gospel. For repentance from idols such as comfort, individualism, and materialism. Pray that many Australians would come to saving faith in Christ

Pray for Catherine Read. Give thanks for the new students who've been coming along to NCS. Please pray they'll feel welcomed and that their time at Uni will be where they grow in their love for Jesus and dependence on God to share the gospel with others. Please also pray for her personally: The apartment where I've been living for almost 2 years is in the process of being sold. Please pray that God will provide somewhere for me to live from the end of April (if I have to move out). Please also pray for clarity, creativity and faithfulness to God's word as I prepare an evangelistic talk to give at a church event on the 28th March. Please pray that God would open people's eyes and bring many to believe in Jesus.

Pray for Pakistan. (Population 250 million, Christians 5 million) Christians live in constant fear of blasphemy accusations and violent threats. Pray for those unjustly accused of blasphemy. Ask God to protect them from imprisonment or vigilante "justice". Pray for believers to know their value in Christ and not as society sees them. Pray for God's peace to continue following Pakistan's recent conflict with India.

Pray for the Next Generation of Young Australians facing anxiety, identity confusion, and cultural pressure. Pray for children and youth to hear and believe the gospel, especially through SRE and Kids Church. For Christian parents to raise their children in the Lord and to be faithful in attending a Bible believing Church. Pray for youth as seek to make their parents (or Churches) face their own in a world that is losing its moral compass. Pray for university students and young workers to stand firm in faith as they live in a world where the Christian faith is currently mocked.

Bible Reading – Psalm 103:13-22 (NIV)

ט Daleth

²⁵ I am laid low in the dust; preserve my life according to your word. ²⁶ I gave an account of my ways and you answered me; teach me your decrees. ²⁷ Cause me to understand the way of your precepts, that I may meditate on your wonderful deeds. ²⁸ My soul is weary with sorrow; strengthen me according to your word. ²⁹ Keep me from deceitful ways; be gracious to me and teach me your law. ³⁰ I have chosen the way of faithfulness; I have set my heart on your laws. ³¹ I hold fast to your statutes, LORD; do not let me be put to shame. ³² I run in the path of your commands, for you have broadened my understanding.

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³³ Teach me, LORD, the way of your decrees, that I may follow it to the end. ³⁴ Give me understanding, so that I may keep your law and obey it with all my heart. ³⁵ Direct me in the path of your commands, for there I find delight. ³⁶ Turn my heart toward your statutes and not toward selfish gain. ³⁷ Turn my eyes away from worthless things; preserve my life according to your word. ³⁸ Fulfill your promise to your servant, so that you may be feared. ³⁹ Take away the disgrace I dread, for your laws are good. ⁴⁰ How I long for your precepts! In your righteousness preserve my life.

נ Nun

¹⁰⁵ Your word is a lamp for my feet, a light on my path. ¹⁰⁶ I have taken an oath and confirmed it, that I will follow your righteous laws. ¹⁰⁷ I have suffered much, preserve my life, LORD, according to your word. ¹⁰⁸ Accept, LORD, the willing praise of my mouth, and teach me your laws. ¹⁰⁹ Though I constantly take my life in my hands, I will not forget your law. ¹¹⁰ The wicked have set a snare for me, but I have not strayed from your precepts. ¹¹¹ Your statutes are my heritage forever; they are the joy of my heart. ¹¹² My heart is set on keeping your decrees to the very end.

ן Taw

¹⁶⁹ May my cry come before you, LORD; give me understanding according to your word. ¹⁷⁰ May my supplication come before you; deliver me according to your promise. ¹⁷¹ May my lips overflow with praise, for you teach me your decrees. ¹⁷² May my tongue sing of your word, for all your commands are righteous. ¹⁷³ May your hand be ready to help me, for I have chosen your precepts. ¹⁷⁴ I long for your salvation, LORD, and your law gives me delight. ¹⁷⁵ Let me live that I may praise you, and may your laws sustain me. ¹⁷⁶ I have strayed like a lost sheep. Seek your servant, for I have not forgotten your commands.

Sermon: Your Word (Stephen T) <https://youtu.be/fNLTu1Spoic>

I wonder what you think about meditation? It has become all the rage in our modern society, hasn't it? Life is too busy. The stress of it all is too great. You need to get away from it all. Clear your head. Empty your mind and concentrate your thoughts. And in modern day meditation, much of it derived from Eastern religions, the emphasis is on emptying. Clearing away the cobwebs. Spring cleaning those unhelpful thoughts and memories. So you concentrate on an object or a word or a thought by bringing this one thing into focus. And getting rid of everything else.

But that is not how Christians view meditation. It is not an emptying but a filling. Not a removing of the bad things but a focusing on a good thing. Like our modern-day view of meditation, it is not a microwave meal more a slow cooker. For it can't be hurried. It takes time. But the results are worth it, really worth it. Because they give us clarity of thought and heart and action.

Slide 2

And in Psalm 119 we see the writer meditating on God's law. Like a cow chews its cud the writer will chew on God's word getting all the goodness out of it before sending it down into its stomach and picking up another morsel for consideration. Again and again the writer will take another look at the law, each time from a slightly different angle. In fact, he will use 8 other words for the law, precepts, testimony,

statute, commandments, judgements, word, promise and ways. So much so that out of 176 verses in the Psalm all but 5 directly mention one of these words to do with God's law.

But it is not a statute book filled with law, it is more a love letter to the Lord of the Law. Because this is not about the law as an end in itself, but the law shows us the mind of the law giver. It is a testimony, a witness to the one who has given us life. So, it is not just a psalm to read or study. It is a song to sing. It is a subject to delight in. A God to hear and obey and to love and to surrender one's life to. This is not theory, this is practice. A practical expression of how the writer loves God's law because through it he can love God Himself.

Slide 3

And he even uses a special form of words called an Acrostic. And you can see that in our Bibles how the Psalm is broken up. There are 22 paragraphs, one for each letter of the Hebrew alphabet. And 8 lines in each paragraph, each starting with the same letter. So, verses 1-8 each start with the first letter of the Hebrew alphabet, Aleph, followed by verses 9-16 where each line starts with the second letter of the alphabet Beth. Working its way through all 22 letters before ending with 8 verses of the last letter of the alphabet Taw.

You see even the alphabet itself was not long enough, or complex enough for the writer to properly consider God's law, God's word, what we might call today the OT. No, he has to repeat himself 8 times on each letter to meditate, fully meditate on God and his ways. So yes, if we were to read the whole Psalm it would take us about 20 minutes to go through the whole of it. But maybe that is something we should do later on today. Chew over the word of God. Look at it from every angle. With the aim of drawing closer to our great God. Because we desire Him. We want to seek Him. We love Him. More than anything else.

Slide 4

1. Because in God's law we will have A Blessed walk (verses 1-8)

¹ *"Blessed are those whose ways are blameless, who walk according to the law of the LORD.*

² *"Blessed are those who keep his statutes and seek him with all their heart"*

You get it? Blessings, real blessing comes from God Himself. By seeking Him. By walking according to his laws. So often we think that law restricts us. It boxes us in. It stops us from doing what our hearts desire. So today we emphasise freedom, doing whatever we want, whenever we want it, with whoever we want to do it with. No rules. No restrictions. No law.

But the writer is saying that is a recipe for disaster. The road to real blessing is to live according to our master's instructions. To follow the ways of the one who made us and knows us and wants the best for us. That's where real blessings are found. Not just at the end of that road but even while you are walking down that road, blessings can be found.

Slide 5

The joy is in the journey as much as arriving at the destination. Because life is not just about the end goal, life is about minutes, hours, day, weeks, years seeking the Lord. Walking according to his law. And throughout this Psalm we will get a taste of what some of those blessings actually are. For through God's word, we find

- **Liberty** from sin. Verse 133 *"Direct my footsteps according to your word; let no sin rule over me."* And freedom from narrow mindedness. Verse 45 *"I will walk about in freedom, for I have sought out your precepts."* Actually, it is sin that binds & it is God's perfection that perfectly frees us. And we find that in God and only in Him and His word.
- And we also find **light** in our darkness. Verse 130 *"The unfolding of your words gives light; it gives understanding to the simple."* Without God's directions we are stumbling along in the dark but with them we have a torch that we can follow into the unknown.

- And we also have **life**. Verse 144 *“Your statutes are always righteous; give me understanding that I may live.”* There is something about God’s commands that preserve life, restore life when it has been drained away and give us real life. For if God is the source of all life, connecting to him & following him is the way to find life.
- And there is comfort in affliction. Verse 71 *“It was good for me to be afflicted so that I might learn your decrees.”* As many of the good things in life seemed far from him he realised he was not alone. That God was indeed bringing good to those who loved him.

Slide 6

Who would have thought that life, light, liberty, comfort and so many other blessings would come from God’s word? You see God’s law is the one what makes us happy because God’s law reflects a God who created us to live a life of blessing and happiness. Which means we can be joyful in all things because we know that the God of all things is in control of whatever has happened in my life.

Slide 7

Which just backs up the first words from Psalm 1. *“Blessed is the man who does not walk in the counsel of the wicked, or stand in the way of sinners or sit in the seat of mockers. But his delight is in the law of the Lord and on his law, he meditates day and night.”*

How do we do that? Psalm 119 talks about fully obeying God’s precepts (v4). Considering all God’s commands (v6). Learning about his righteous decrees (v7). And praising him with an upright heart (v8). But we need to be careful here. When I was studying Hebrew at theological college we went to visit the Great Synagogue in Sydney and they began the worship service with the Torah, the Law being processed in with great fanfare and there were people bowing down to the law.

No we don’t worship the Bible, we worship the God of the Bible. But if we want to seek that God with all our heart we will meditate on his word, his ways, his law. Our minds will think His thoughts after Him. Our mouths will express our praise in song and prayer. Our hands will want to do what we are being asked. Our feet will want to take us on the right paths. Our wills will mold to follow God’s will.

Responding to God’s word is going to take our whole bodies. Mind, heart, soul. Spirit. Or in the words of Spurgeon, *“God is not truly sought by the cold researches of the brain, we must seek him with all heart”* & as we seek him, we will enjoy the blessings of a God directed life.

Slide 9

And Ephesians 1, picks up this idea of God’s blessings and helps us to count them one by one. ³*“Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ.”* (In Christ! The most amazing blessings are all wrapped up in Him. But what sort of blessings are we talking about?)

⁴*“For he chose us... he predestined... he adopted us... he redeemed us... he forgave us... he made known to us the mystery of his will... he included us in Christ... we heard the message of truth... we were marked with the seal of the promised Holy Spirit and we were guaranteed an inheritance that can never, ever be taken from us.”* And that’s just the first course of a 22-course feast that the writer of the Psalm is dishing up for us. The first few stitches of an embroidery that will dazzle all that see it. Because in God’s law is a blessed walk and

Slide 10

2. A path of purity (verses 9-16)

⁹*“How can a young person stay on the path of purity? By living according to your word. ¹⁰I seek you with all my heart; do not let me stray from your commands.”* There is before us a path of purity. And we find it when we live according to God’s word. It is a path that a young man or woman should find early on in life because it leads to a life of blessing. But if you missed the early signposts when you were young, it is a path that you can join later on in life as well.

For the power of the word of God is such that it has the strength to purify, to get rid of the bad stuff in our lives and magnify the good stuff. It can restrain us from wandering which means that will enable us to stay on that right path. And it can keep us from sin for as the writer says, *"I have hidden your word in my heart, that I might not sin against you."*

Friends that is what happens when we read God's word, when we study God's words, when we memorise God's word, when we meditate on God's word. Spurgeon apparently said that every preacher should memorise the whole of Psalm 119 and apparently the politician William Wilberforce and philosopher Blaise Pascal actually did do that. But the rest of us should be putting Scripture into our brains and our hearts whenever we can. Why?

Because according to verse 13 we want our lips to recount all the laws that come from your mouth. We should rejoice in following God's statutes. We meditate on God's precepts and consider all his ways. We delight in His decrees and because of that we have decided not to neglect his word. Have you ever had such a good novel that you haven't wanted to put it down? Or been bingeing on a series that you watch episode after episode?

How about bingeing on the Bible? How about eating up its words. How about singing the truth found there in song? Writing our own acrostic and thinking through the A to Z of reading God's word. All because we are not just looking at the print on the page, we are looking to find God there and grow in his grace and have his godliness rub off on us.

Slide 11

Friends we are so fortunate to have God's word in our language. In our hands. Remember how Paul put it? ¹⁶*"All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, ¹⁷so that the servant of God may be thoroughly equipped for every good work."* So don't have a holiday from God's word. Don't take a vacation from God Himself. Use your extra time to meditate, ponder, write, sing! Delight in it. Long for it. Allow it to correct you & train you in right living. Hide it in your heart because

Slide 12

3. It is a Wonderful Companion (verse 17-24)

¹⁷*Be good to your servant while I live, that I may obey your word. ¹⁸Open my eyes that I may see wonderful things in your law. ¹⁹I am a stranger on earth; do not hide your commands from me. ²⁰My soul is consumed with longing for your laws at all times. ²¹You rebuke the arrogant, those who stray from your commands. ²²Remove from me their scorn and contempt, for I keep your statutes. ²³Though rulers sit together & slander me, your servant will meditate on your decrees. ²⁴Your statutes are my delight; they are my counsellors."*

God's word is a wonderful travelling companion along the path of life. If we have hidden God's word in our heart, it is always there whenever we need it. If we haven't neglected it, there is a treasurer of good advice waiting for the Spirit of God to draw to our attention.

Slide 13

You know when I am on holidays, I always make sure I have a map on my phone or on paper in front of me. I am a stranger in these parts and you can't always trust the locals to give you good advice. But if you have a map, you can find the right path to where you want to go. And we are strangers here on this earth. This place is not our home. But we are heading home. Our journey is taking us from where we are to where God wants us to go. And he has prepared a place for his children. And so, God's word helps navigate God's children through God's world.

Slide 14

Remember the two people trudging on the road to Emmaus after the death of Jesus on Good Friday? They were talking and discussing what had happened, with their faces downcast when they were joined by another traveler. Who said *“How foolish you are, and how slow to believe all that the prophets have spoken! ²⁶ Did not the Messiah have to suffer these things and then enter his glory?” ²⁷ And beginning with Moses and all the Prophets, he (Jesus) explained to them what was said in all the Scriptures concerning himself.”*

Having the Scriptures is like having God Himself walking with you, what a life companion to have! Remembering God’s promises is like having the yes to those promises, Jesus Christ with you along for the ride. What a friend we have in Jesus. Someone who will be there throughout

Slide 15

4. A Dangerous Journey (verses 25-32)

²⁵ “I am laid low in the dust; preserve my life according to your word... ²⁸ My soul is weary with sorrow; strengthen me according to your word. ²⁹ Keep me from deceitful ways; be gracious to me and teach me your law. ³⁰ I have chosen the way of faithfulness; I have set my heart on your laws.”

The writer’s life has been far from easy. At times he has been down but not out. Because God’s word has always been with him. In the ups & the downs. The good times & the bad. It is not just a fair-weather friend, only there when the days are sunny. God’s word is also there when the rain is pouring & you are slogging your way through the mud and the muck. The writer knows that when he gets stuck in the mud, he needs to get stuck into the Bible.

Slide 16

Isn’t that how Paul felt in 2 Corinthians 11-12? He had suffered much, shipwrecks, persecution, thief, thirst, sleeplessness and the difficulty of running a number of Churches. Even a thorn in the flesh that God wouldn’t take away. But God’s word said to him *“My grace is sufficient for you; my power is made perfect in weakness. For when you are weak, then you are strong.”*

What a dangerous journey we are on as Christians. Denying ourselves. Taking up the cross and following Jesus but we are not alone. We have a wonderful companion, a path of purity, a life of blessing amidst this dangerous journey. What’s more we have a light for our paths

Slide 17

5. A light for life (verses 105-112)

If we kept working our way through Psalm 119 we might not have room for anything else today. So, I am skipping a few verses here. *¹⁰⁵ “Your word is a lamp for my feet, a light on my path. ¹⁰⁶ I have taken an oath and confirmed it, that I will follow your righteous laws.”*

Slide 18

The ancient world didn’t have street lights or powerful torches to know which way to go. But people would carry a little clay dish containing oil and when lit that would shed light enough to illuminate the path ahead but only for the next step or so. Likewise, God’s word is not a lighthouse showing the dangers well in advance or a headlight where we can flick high beam and see a kilometre or so into the darkness. But it does allow us enough light to walk by faith. To take the next step of faith.

You see I don’t know how my life is going to end. I don’t know what tomorrow will bring. But God’s word gives me enough wisdom, enough knowledge, enough advice to take my next step. Not my next 5 steps. Not my plans for the whole of the year. But my next step. And so when I listen and obey the word of God. When I am aware of its path of purity and how great a companion it is in the midst of a dangerous journey then there light for path.

Slide 19

And of course, isn’t that what Jesus said as well. *“I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life.”* Jesus is the Word. The word that was there in the very

beginning. Jesus is the companion that will help us in the midst of our dangerous journey. Jesus is a wonderful travelling companion. In Jesus there is every blessing that comes from the hand of God. So, Jesus is all that we need. And the writer points us to him at the very end of the Psalm.

Slide 20

6. A good shepherd (verses 169-176)

Remember how the Psalm started. ¹ *“Blessed are those whose ways are blameless, who walk according to the law of the LORD.”* And the impression throughout the Psalm is that the writer is the one who is blameless who has walked according to the law of the Lord. But the last verse changes everything. ¹⁷⁶ *I have strayed like a lost sheep. Seek your servant, for I have not forgotten your commands.”*

Slide 21

The writer isn't blameless. He is like a lost sheep, who needs a shepherd. A good shepherd. So he seeks God's servant. He asks for a shepherd. He is looking for a Saviour. And he finds all three in Jesus. Who tells us, *“I am the good shepherd, who lays down his life for his sheep. I am the good shepherd who knows my sheep and my sheep know me. The sheep will listen to my voice and there will be one flock and one shepherd.”*

You get it? The writer of Psalm 119 has looked at God's word from every angle, he has meditated on the A to Z of God's law and he comes to this conclusion. I am prone to wander Lord. I can't do this without your servants help Lord.

Slide 22

So, ¹⁶⁹ *May my cry come before you, LORD; give me understanding according to your word.* (He needs God's understanding!) ¹⁷⁰ *May my supplication come before you; deliver me according to your promise.* (He needs God's deliverance). ¹⁷¹ *May my lips overflow with praise, for you teach me your decrees.* (He needs help to praise God all day every day.) ¹⁷³ *May your hand be ready to help me, for I have chosen your precepts.* (He needs God's help). In short God's word has led Him to God Himself. And looking through the lens of the NT, it leads him to God Emmanuel, God with us, Jesus.

Slide 23

And that all came from meditating slowly and surely on the word of God. Not emptying your mind but filling it with Scripture. Not taking a holiday from God but resting him and looking to him for all that we need at this time of year. Not doing something just for the head but having the hands and the heart and the will and the mind all working together. So that our whole being grows in its love for God. And for his son Jesus Christ.

For the unsaved sinner, meditating on God's law would show them that their sin condemned them and their need for a Saviour in Jesus. For the legalist, the law shows them that law binds but faith and trust in God leads to true freedom And for the believer, the law is a servant and helps them see the character of God and the work of Christ.

Slide 24

What do you see? For me I can see that *“Your word is a lamp unto my feet and a light for my path... Your statutes are my heritage forever; they are the joy of my heart. My heart is set on keeping your decrees to the very end... But I have strayed like a lost sheep. So I seek your servant.”*

Song – Standing on the Promises

[Christian Gospel Choir - Standing On The Promises \[with lyrics\] - YouTube](#)

1. Standing on the promises of Christ my King,
Through eternal ages let His praises ring,
Glory in the highest, I will shout and sing,
Standing on the promises of God.

Chorus

3. Standing on the promises of Christ the Lord,
Bound to Him eternally by love's strong cord,
Overcoming daily with the Spirit's sword,
Standing on the promises of God.

Standing, standing,

Standing on the promises of God my Savior;

*Standing, standing,
I'm standing on the promises of God.*

2. Standing on the promises that cannot fail,
When the howling storms of doubt and fear assail,
By the living Word of God I shall prevail,
Standing on the promises of God.

4. Standing on the promises I cannot fall,
Listening every moment to the Spirit's call
Resting in my Savior as my all in all,
Standing on the promises of God.

Closing. *"Your word is a lamp unto my feet and a light for my path... Your statutes are my heritage forever; they are the joy of my heart. My heart is set on keeping your decrees to the very end."*